



Skills and Strengths I Possess

Self-Assessment

Employability Skills

- I take direction well
- I am honest
- I do what I say I will do
- I have lots of energy
- I am on time
- I can solve problems
- I like being in charge
- I am a hard worker
- I am organized
 - I am willing to learn new things
- I stick to the job (I don't quit)
- I want to do a good job
- I can work on my own
- I'm not afraid to ask for help

People Skills

- I care about other people's feelings
- I have respect for others
- I communicate well with others
- I am easy to get along with
- I have a good sense of humor (I'm funny)
- I am helpful
 - I am patient
 - I am a good listener
- I work well with others
- I am friendly

Talent and Abilities

- I am artistic (drawing, painting)
- I am good at sports
- I can cook and bake
- I can sing well (rap, chorus, choir)
- I can play a musical instrument
- I can dance well
- I can perform or act
- I am a good writer (poetry, stories)
- I am a good photographer
- I can repair things easily
- I have good computer skills
- I am good with numbers (math)
- I am good at selling things
 - I am good with children
 - I am good with animals
- I can create things with wood or metal
- I can fix cars or bicycles
- I am good at doing hair & nails